

Leamington Mennonite Home
Long Term Care

POLICY AND PROCEDURE

CATEGORY: Nursing	SUBJECT: Colostomy Care	SECTION: C
DATE: February 1995	Administrator: <u>J. M.</u>	POLICY: 6
REVISION DATES: June 2013	Director of Care: <u>Cheryl Allick</u>	

COLOSTOMY CARE

POLICY:

To provide and maintain cleanliness, to eliminate odours and ensure good skin integrity.

PROCEDURE:

Changing the flange – to be done by Registered Staff

1. This procedure must be done at least weekly or more often if necessary.
2. Collect all necessary supplies: new flange, pouch if needed, skin barrier and peri-cloths. Wash hands.
3. Explain the procedure to the resident.
4. Ask resident to lay on their back.
5. Remove the old pouch and set aside. If pouch cannot be reused, discard.
6. Holding the skin taut, remove the old flange.
7. Cleanse the area around the stoma using clean, moistened peri-cloths, making sure to observe that the stoma pink and moist.
8. Protect the skin around the stoma with skin barrier and apply stoma adhesive.
9. Using the sizing guide, fit the size of the stoma and mark 1/8 " larger than the stoma. Cut the flange to the proper size, you may cut another flange in preparation for the next change.
10. Remove the backing from the flange. Ask the resident to perform the Valsalva maneuver and adhere the flange, applying light pressure, to the skin around the stoma.
11. Apply the pouch.

Pouch Care – PSW's

1. Explain the procedure to the resident.
2. Gather all necessary equipment: toilet paper, peri-cloths and Q-tips. Wash hands.
3. Ask the resident to lay on their back. Don gloves.

4. Apply pressure to the flange and remove the old pouch from the flange.
5. Clean away any stool present with toilet paper. Wash the stoma with the moistened peri-cloth. If there is stool under the rim on the flange, use the Q-tips to clean.
6. Apply a clean pouch. Ensure the pouch is properly snapped onto the flange. Make sure that the end of the pouch is clipped or fastened by a Velcro strip.
7. Empty stool from the soiled pouch into the toilet. Place the soiled reusable pouch into the basin and bring to the soiled utility room. Cleanse the soiled pouch with soap and water and rinse. Fill pouch with vinegar and pour in basin. Fill the pouch with water and add to the vinegar, place the pouch in the mixture and soak for 30 minutes. Rinse the pouch and basin. Hang over the basin to dry. Replace the basin and pouch in the drawer in the bathroom.
8. This procedure is done after every bowel movement and at the request of the resident.