

Leamington Mennonite Home  
Long Term Care

POLICY AND PROCEDURE

<b>CATEGORY:</b> Resident Care	<b>SUBJECT:</b> Morning & Evening Care	<b>SECTION:</b> M
<b>DATE:</b> February 1995	<b>Administrator:</b> _____ <i>J. M.</i>	<b>POLICY:</b> 3
<b>REVISION DATES:</b> December 2004	<b>Director of Care:</b> _____ <i>Cheryl Allicko</i>	

**MORNING & EVENING CARE**

**POLICY:**

To ensure that each resident's quality of life is maintained by providing proper hygiene each day. This practice will promote good skin integrity and oral hygiene. It is the responsibility of all shifts to accomplish this by providing quality care.

**PROCEDURE:**

**Morning Care:**

- The HCA's, working in teams, will begin assisting the residents with their morning care. Peri – care will be given to each resident as part of their AM care.
- All residents will be toileted upon rising using any of the following as appropriate:
  - Take to the toilet, if assistance is necessary, using the appropriate transfer aid.
  - Offer commode
  - Offer bedpan/urinal.
- Once toileting is complete, the resident is assisted to dress. If a bath is scheduled for that day, a housecoat is sufficient until after the bath. A reusable product is used until after the bath has been completed, then the protocol will be followed.
- Staff must ensure that all residents faces and hands are washed. Their hair is combed and styled and their teeth are brushed or dentures are cleaned and rinsed.
- Eyeglasses must be cleaned and hearing aides should be in place and working.
- The resident is then assisted to the appropriate dining room. If ambulatory, direction can be given if necessary.
- If the resident uses a wheelchair, encourage him / her to propel himself / herself. If they are unable, assist them the appropriate dining area.
- Once the meal time is complete, be sure the resident is assisted out of the dining room area and back to their room or scheduled activity.

**Resident Remaining in Bed:**

- Offer the bedpan or commode if appropriate.
- Follow the incontinent product protocol where appropriate.
- The resident receives the same care as those getting up for the day, i.e. washing, grooming, etc.
- The bedcare resident's position is changed Q2H if they are unable to do this. See turning schedule.

- Meal service will be brought to the room and staff will assist and monitor.

**Evening Care:**

- Wash face and hands
- Toilet the resident, give peri – care, apply incontinent product as per protocol
- Help the resident into their night clothes or gown as necessary
- Help the resident settle into bed
- Ensure the call bell is in place or pinned
- Apply the siderails as PASD's if ordered and POA has signed the consent for their use.