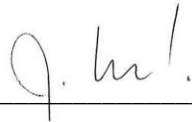


Leamington Mennonite Home

**POLICY AND PROCEDURE**

<b>CATEGORY:</b> Dietary	<b>SUBJECT:</b> Meal Service	<b>SECTION:</b> M
<b>DATE:</b> September 2004	<b>Administrator:</b> 	<b>POLICY:</b> 1
<b>REVISION DATES:</b> December 2006	<b>Dietary Director:</b> _____	

**MEAL SERVICE**

**POLICY:**

LMH will provide a pleasurable dining experience to each of our residents according to their individual requirements.

**OBJECTIVE:**

To serve each meal in an unhurried manner in a comfortable dining area, equipped to meet the meal service requirements and allowing each resident to eat at his/her own pace.

**PROCEDURE:**

- LMH will provide a minimum of three meals per day to each resident unless the resident prefers otherwise. The Physician, Registered Nurse, Dietitian or Nutrition Manager has given a different course of action and is documented on the resident's plan of care.
- Meals shall be served one course at a time unless residents request otherwise through the Resident Council. Residents shall be involved, through the Resident Council, in planning the times of the meal service.
- Each resident shall be offered all items on their menu plan unless otherwise documented in plan of care or at resident's request.
- Each resident shall be allowed to choose a selection of food from the menu. The resident will be offered this choice which is appropriate to the resident's ability and/or limitations e.g., visual, verbal or written.
- A full breakfast shall be available to all residents up to at least 8:30am. The evening meal, by special request of Resident Council, shall be served at approximately 16:45 hours.
- Delivery of a meal to residents requiring assistance in eating shall occur no more than five minutes in advance of assistance being provided.
- Portion sizes of all menu items shall be posted and followed unless a resident's requirement is different and will be documented.
- All residents shall be provided supervision during meals.

- Each resident shall be offered desired portions of safe, palatable, nutritious, appealing food and fluids in sufficient quantity to meet his/her nutritional needs.
- Each resident shall be served food and beverages at a temperature and in a manner that promotes comfort and safety. To ensure this, steam table and / or heat table are to be used at each meal during service.