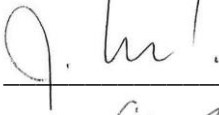



Leamington Mennonite Home  
Long Term Care

**POLICY AND PROCEDURE**

<b>CATEGORY:</b> Resident Care	<b>SUBJECT:</b> Recreation & Leisure Activities	<b>SECTION:</b> R
<b>DATE:</b> September 2004	<b>Administrator:</b> 	<b>POLICY:</b> 1
<b>REVISION DATE:</b>	<b>Director of Care:</b> 	

**RECREATION & LEISURE ACTIVITIES**

**POLICY:**

To ensure that there are age appropriate social, recreational and leisure activities organized to provide opportunities based on, and responsive to, the abilities, strengths, needs, interests and former lifestyle of the residents.

**PROCEDURE:**

- Opportunities shall be provided for each resident to plan, initiate, facilitate, and participate in their own leisure entertainment, recreational and educational opportunities as desired by the resident.
- Support/assistance shall be provided as needed to assist each resident to prepare for, and attend, recreation and leisure activities of their choice to meet their individual needs.
- The variety and scope of recreational programming shall be planned with each resident/representative upon admission and recorded on the Resident Social-Recreation Form. The Director of Social-Recreation is responsible for the planning of all Recreational and Leisure activities. The persons responsible for managing and providing recreation and leisure services shall be qualified by education and/or experience for the responsibilities of their position.
- Each Recreation and Leisure program shall be clearly defined by a program description, which outlines the purpose, goals, and objectives of each activity. (Programs Protocols and Evaluation Binder).
- Information about recreation programs and services shall be readily available to residents, their representatives and other's by means of daily posting of activities on each floor in a designated area, morning placemats, daily announcements in both English and German, monthly calendars, Resident Newsletter, and monthly Resident Council Minutes.
- Assistance or adaptations shall be provided to facilitate resident's participation in activities they wish to attend.
- Small group programs and individualized activities shall be provided for those residents who are not able or not interested in participating in the larger group activities.
- Residents shall be provided opportunities and assistance to participate in Recreation and

Leisure activities, which are compatible with their interests and abilities, in the community and by bringing the community to them. Also planned evening and weekend activities shall be planned in the Home.