

Leamington Mennonite Home
Long Term Care

POLICY AND PROCEDURE

CATEGORY: Nursing	SUBJECT: Antiembolism Stockings	SECTION: A
DATE: August 1996	Administrator: <u>J. M.</u>	POLICY: 2
REVISION DATES: May 2013	Director of Care: <u>Cheryl Allick</u>	

ANTIEMBOLISM STOCKINGS

POLICY:

Antiembolism stockings will be obtained for residents who require them as ordered by the Physician.

PROCEDURE:

Measuring the Stockings:

1. The Registered Staff will notify the POA of the Physician's orders and obtain permission to purchase the stockings.
2. The Registered Staff will contact the provider of the stockings to request measurements be taken and the order to be placed.
3. When the new stockings arrive, the provider will test the fit on the resident to ensure the fit is correct before labeling them for the resident.

Application of the Stockings by the Registered Staff:

1. Apply the stockings first thing in the morning before rising or, if after bath, be sure the resident has been lying flat for 20 to 30 minutes.
2. Don rubber gloves and gather stocking to foot area.
3. Ease the stocking over toes, heel and ankle being careful not to rub knuckles on the resident's skin.
4. Pull stocking up to either knee or thigh length, depending on style ordered.
5. Smooth the fabric on foot and be sure toes are not cramped. If stocking has toe window, be sure it is positioned properly.
6. Remove stockings at bedtime. This is done by the PSW's. Report any changes in skin to the Registered Staff.

- 1) The Evening PSW working on the day before the resident's bath will hand wash the stockings and hang them to dry in the resident's room the night before the resident's scheduled bath.