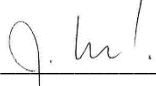



Leamington Mennonite Home
Long Term Care

**INFECTION CONTROL
POLICY AND PROCEDURE**

CATEGORY: Outbreak Management	SUBJECT: Sputum Specimen Collection	SECTION: F POLICY: 11
DATE: December 2023	Administrator's Signature: <u></u>	
REVISION DATES:	IPAC Lead's Signature: <u></u>	

SPUTUM SPECIMEN COLLECTION

POLICY:

A sputum specimen is collected in order to investigate a resident health concern as directed by the Medical director.

PROCEDURE:

The Nurse will:

- 1) Explain the procedure to the resident.
- 2) Perform hand hygiene.
- 3) Collect equipment: sterile specimen container, gloves.
- 4) Specimen is collected first thing in the morning. Registered Staff will ask the resident to take some deep breaths to stimulate the cough reflex.
- 5) Have the resident expectorate his / her sputum into the sterile specimen container. It is preferred to have 1 – 2 tablespoons of sputum for testing.
- 6) Remove equipment from the room. Make sure the resident is comfortable before leaving the room. Perform hand hygiene.
- 7) Properly label the specimen container with the resident's proper name, date of birth, date of sample and time of collection. The Ward Clerk will fill out the lab requisition.
- 8) Properly store the specimen in the lab cooler until sample is picked up by the lab technician or courier.
- 9) Document the procedure and collection in the resident's progress notes.