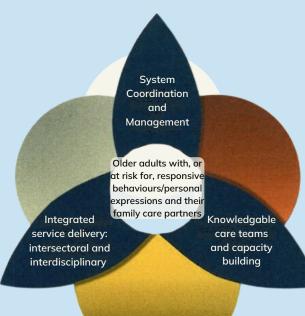
## **BSO Mandate**

Behavioural Supports Ontario (BSO) provides behavioural health care services for older adults in Ontario with, or at risk of, responsive behaviour (also known as 'personal expressions') associated with dementia, complex mental health, substance use and/or other neurological conditions. This includes adults with age-related neurocognitive conditions (e.g., early onset dementia) and support for family and professional care partners.

#### www.behaviouralsupportsontario.ca



A long term care home BSO team may include one or more of the following:

- Registered nurse (RN)
- Registered practical nurse (RPN)
- Personal support worker (PSW)
- Recreation therapist and/or activity professional

## Your BSO Team

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Behavioural Supports Ontario Soutien en cas de troubles du comportement en Ontario



# Behavioural Supports Ontario (BSO)

Working together to enhance the quality of life for older adults across Ontario who have complex behavioural health need(s) and their care partners.

### What is Behavioural Supports Ontario?

Behavioural Supports Ontario (BSO) provides behavioural health care for older adults in Ontario with, or at risk of, responsive behaviours/personal expressions associated with dementia, complex mental health, substance use and/or other neurological conditions.

With consent, anyone can refer an individual for BSO services.



### What We Do:

- Support Individuals who have or are at risk of responsive behaviours/personal expressions
- Support family care partners
- Enhance knowledgeable care teams and capacity building
- Facilitate transitions across sectors

## *What Does a BSO Team Do in Long Term Care?*

- With a primary focus on personhood, they conduct behavioural assessments which help determine person-centred techniques and approaches to enhance their quality of care.
- They understand that personal expressions are caused by unmet needs and therefore aim to identify and address them.
- They create and trial interventions with individuals with complex needs.
- They collaborate and share what they have learned about how to meet the person's needs with their care team.



### We are here to help

We want to learn as much as we can about our residents and know that the best way to do that is to listen, build trust and collaborate with the important people in their lives.

# **BSO Initiatives**



Working collaboratively to find and implement interventions and approaches to address the needs of older adults at:

- an INDIVIDUAL level
  Non-pharmacological
  - therapies and gentle persuasion
- an ORGANIZATIONAL level
  - Staff education and training, environmental modifications
- a SYSTEM level
  - Regional networking, sharing best practices

#### Sources

For more information, please visit:

- www.brainxchange.ca
- www.behaviouralsupportsontario.ca