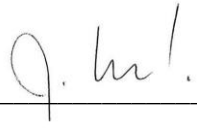


Leamington Mennonite Home

POLICY AND PROCEDURE

CATEGORY: Dietary	SUBJECT: Snacks	SECTION: S
DATE: September 2004	Administrator: 	POLICY: 1
REVISION DATES: June 2010	Dietary Director: _____	

SNACKS

POLICY:

The Leamington Mennonite Home will provide morning, afternoon and evening beverages and snacks to all residents.

PURPOSE:

To ensure that each resident is being offered their daily intake of fluids (1500 ml) and to enhance their overall nutritional consumption.

PROCEDURE:

- A choice of beverages, in addition to water, shall be offered to all residents at meals, between meals and at bedtime, unless contraindicated in individual resident's plan of care.
- Snacks shall be offered to all residents at mid afternoon and at bedtime, unless contraindicated in individual resident's plan of care.