## **Leamington Mennonite Home**

## POLICY AND PROCEDURE

CATEGORY: SUBJECT: SECTION:

Dietary Supplements S POLICY:

DATE: Administrator:

February 2004

REVISION DATES: Dietary Director:

September 2004, June 2010, June 2015

## **SUPPLEMENTS**

## **POLICY:**

- The Dietitian will order a supplement after a nutritional assessment has been completed to prevent malnutrition or related complications.
- The RN or Director of Dietary will refer residents who have been identified as "at risk" to the Dietitian for such assessment.
- The Dietitian may order a nutritional supplement upon completion of the assessment. The product choice at LMH is Boost.
- The PSW's will report poor acceptance to the Director of Dietary & Support Services.
- Supplements are given as an enhancement only. Boosting food and nutrient intake by the resident remains the first choice of response by LMH staff.
- If the Dietitian deems a supplement necessary, a request will be given to the Director of Dietary & Support Services. A Dietary Requisition is filled out and posted in the Kitchen for staff and is added to the Resident Profile. The Dietitian records it in the resident charts of the change made.