

Leamington Mennonite Home  
Long Term Care

**INFECTION CONTROL  
POLICY AND PROCEDURE**

<b>CATEGORY:</b> Housekeeping/Laundry Department	<b>SUBJECT:</b> Routine Daily Cleaning of Resident Room	<b>SECTION:</b> J <b>POLICY:</b> 3
<b>DATE:</b> July 12, 2022	<b>Administrator's Signature:</b> <u>J. M.</u>	
<b>REVISION DATES:</b> January 2024, February 2024	<b>IPAC Lead's Signature:</b> <u>L. Coppola, R.N.</u>	

**ROUTINE DAILY CLEANING OF RESIDENT ROOM**

**POLICY:**

Proper cleaning procedures of resident rooms will be used to reduce the potential spread of infection. PIDAC Best Practices for ***Environmental Cleaning for Prevention and Control of Infections in All Health Care Settings*** will provide the guidance for specific processes.

**This following procedure outlines the cleaning procedure for all rooms, including those on additional precautions (Except for C. Difficile).**

**PROCEDURE:**

**1. Assessment**

- Check for Additional Precautions signs and follow the precautions indicated.
- Walk through room to determine what needs to be replaced (e.g., toilet paper, paper towels, soap, alcohol-based hand rub) and whether any special materials are required; this may be done before or during the cleaning process.
- Remove clutter.

**2. Assemble supplies**

- Ensure adequate supply of clean cloths is available.
- Toilet brush in each washroom- will be replaced every 6 months or more frequently as needed. Brushes are not to be shared room-to-room. Disposable toilet brushes will be used for those rooms under Droplet Precautions.

**3. Clean hands using alcohol-based hand rub and put on gloves and any other required personal protective equipment.**

**4. Clean room, working from clean to dirty and high to low areas of the room:**

- use fresh cloth(s) for cleaning each resident bed space:
  - When using a bucket for cleaning solution, do not double dip cloth(s).
  - Do not shake out cloth(s).

- Change the cleaning cloth when it is no longer saturated with disinfectant and after cleaning heavily soiled areas such as toilet.
- If cleaning a semi-private room, use a fresh cloth(s) for each bed space and complete cleaning in each bed space before moving to the next.
- If cleaning a semi-private room under contacted precautions, always clean the uninfected resident's bedspace first if applicable.
- For all surfaces in the room except the floors, use **Oxivir Plus** disinfectant cleaner diluted according to manufacturer's instructions. **Contact time is 5 minutes – allow surfaces to remain wet for 5 minutes for proper disinfection.**
- Start by cleaning doors, door handles, and touched areas of the frame.
- Check walls for visible soiling and clean if required.
- Clean light switches.
- Clean wall mounted items such as alcohol-based hand rub dispenser.
- Clean all high-touch surfaces in the room. Lifting items to clean surfaces.
- \*See work routines for weekly room dusting schedule where higher shelves, vents, windows and coverings are to be cleaned\*
- Clean all high-touch furnishings and horizontal surfaces in the room including chairs, windowsill, television, telephone, tables or desks.
- Clean bedrails, bed controls and call bell.

## 5. Clean bathroom

### Working from clean areas to dirty areas:

For all surfaces in the bathroom except mirror, toilet bowl and floors use **Oxivir Plus** disinfectant cleaner diluted according to manufacturer's instructions. **Contact time is 5 minutes – allow surfaces to remain wet for 5 minutes for proper disinfection:**

- Apply **Crew Floor & Surface Disinfectant Cleaner** (diluted according to manufacturer's instructions) to the inside of the toilet bowl and let it sit while cleaning the bathroom. **Contact time is 10 minutes.**
- Using a fresh cloth with **Oxivir**, clean door handle and frame; light switch.
- Clean inside and outside of sink and sink faucets.
- Clean mirror with **Glance Glass and Multi Surface Cleaner.**
- Clean all dispensers and frames.
- Clean call bell, cord, support railings, ledges/shelves.
- Clean commode if applicable.
- Using a fresh cloth again, clean toilet handle, clean all outside surfaces of the toilet.
- Use the toilet brush to clean the underside of flush rim and the toilet bowl.
- Remove gloves and wash hands.
- Replenish paper towel, toilet paper, waste bag, soap and alcohol-based hand rub as required. Report mold and cracked, leaking or damaged areas for repair.

## 6. Clean Floors

**\*\*Dry mopping in resident rooms will occur daily\*\***

### Working from clean areas to dirty areas:

- Remove debris from floor and dry any wet spots with paper towel
- Remove gum or other sticky residue from floor.

- Thoroughly sweep or dry mop the floor starting in the furthest corner of the room, drag the mop towards you, then push it away, working in straight, slightly overlapping lines and keeping the mop head in contact with the floor.
- Do not lift dust mop off the floor once you have started, use swivel motion of frame and wrist to change direction.
- Move furniture and replace after dust mopping, including under and behind bed.
- Carefully dispose of debris, being careful not to stir up dust.
- Replace mop head/pad when soiled and after mopping a room.

**\*\*Resident rooms will be wet mopped weekly following the schedule in the work routines, and additionally when soiling or spills occur. Additional Precaution rooms will be wet mopped daily\*\***

- Fill plastic basin with **PERdiem General Cleaner** diluted according to manufacturer's instructions 1:128.
- Place microfiber pad(s) to soak in basin.
- Take a clean pad from the basin, wring it out and attach to mop head using Velcro strips.
- Wet mop the floor working from clean to dirty areas (i.e., resident room to bathroom).
- Remove pad when soiled and set aside in plastic bag for laundering.
- Use a fresh microfiber pad for each room.
- Bring soiled, reusable microfiber pads to be laundered at the end of shift.

## 7. Disposal

- Place soiled cloths in designated container for laundering.
- Place obvious waste in waste baskets.
- Remove waste and place new bag in waste baskets.

**8. Remove gloves and clean hands** with alcohol-based hand rub; if hands are visibly soiled, wash with soap and water. Do NOT leave room wearing gloves or other personal protective equipment. Dispose of PPE in isolation garbage and laundry within the room if resident is under additional precautions.

**9. Replenish** supplies as required (e.g., alcohol-based hand rub, soap, paper towel, toilet paper)

**10. Clean hands with alcohol-based hand rub.**

**11.** After cleaning a room, any equipment or tools used that do not stay in the room **must be cleaned and disinfected with Oxivir**. Wipe down the isolation cart outside of rooms with additional precautions with Oxivir disinfectant.

In addition to the daily cleaning routine of resident rooms, there are other cleaning tasks that will be scheduled to occur on a regular basis within the resident room, including (scheduled in job routines):

- high dusting
- cleaning baseboard and corners

- removal and laundering privacy curtains
- dusting and cleaning window curtains/ coverings