

Leamington Mennonite Home
Long Term Care

POLICY AND PROCEDURE

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| CATEGORY: Resident Care | SUBJECT: Mobility Assessment | SECTION: M POLICY: 4 |
| DATE: September 2004 | Administrator: <u>J. M.</u> | |
| REVISION DATES: September 2015, September 2022 | Director of Care: <u>Cheryl Alicke</u> | |

MOBILITY ASSESSMENT

POLICY:

To ensure that there is an organized program of therapy service or arrangements are made to access available therapy services to meet residents identified therapy needs.

PROCEDURE:

- The adjutant will facilitate a comprehensive resident mobility assessment within 14 days of admission to the Leamington Mennonite Home. After completion of the assessment, a resident specific action plan will be developed.
- Bayshore Inc. rehabilitation physiotherapy services are available for all residents referred by the home's physician. The P.T. will assess the residents needs and provide a plan of care and goals to:
 - Improve Range of Motion (ROM)
 - Improve transfer skills
 - Improve dynamic balance
 - Improve walking distance
 - Reduce risk for falls
 - Maintain strength
 - **Residents are reviewed on a quarterly basis by the P.T. and the Home's physician.**
- The Windsor-Essex CCAC: Occupational Therapy Department will be consulted for additional assessment for those residents with the following needs:
 - Mobility Aid responsive to resident specific condition
 - Adaptive utensils for daily living activities.
 - Comfort/rehabilitation resources such as splints, cushions, etc.
- The adjutant will complete a quarterly review of each resident's scope of mobility consistent with the review of the resident's care plan. Information is reviewed at the annual care plan meeting (multidisciplinary) which resident/representatives are encouraged to attend. When risk factors are identified. A request is made for a P.T. referral/review.

- The adjuvant will provide the liaison between the resident, resident family, and Physio/Occupational Therapists. Specifically, the adjuvant will assist with the following:
 - Notify resident and resident families of Physio/Occupational Therapy Assessments, providing relevant information/education.
 - Interpret recommendations made by the Physio and Occupational Therapists.
 - Assist resident and resident families in the implementation of recommendations, providing information in the ordering of equipment and subsequent resident orientation and training for that equipment.
 - Monitor effectiveness of implemented recommendations, action plan and/or equipment usage.