

Leamington Mennonite Home
Long Term Care

**INFECTION CONTROL
POLICY AND PROCEDURE**

CATEGORY: Surveillance & Data Collection	SUBJECT: Urine Sample Collection	SECTION: E POLICY: 8
DATE: December 2023	Administrator's Signature: _____ <i>J. M.</i>	
REVISION DATES:	IPAC Lead's Signature: _____ <i>L. Coppola, RN.</i>	

URINE SAMPLE COLLECTION

POLICY:

A urine specimen is collected to investigate a resident health concern as directed by the Medical Director.

PROCEDURE:

The Nurse or PSW will:

- 1) Explain the procedure to the resident and ask that they let staff know when they feel that they need to void.
- 2) Perform hand hygiene.
- 3) PSW's should provide proper peri-care prior to collection. PSW's are to collect a clean mid - stream urine sample. Always inform the resident of what you are doing and maintain privacy at all times.
- 4) If a clean mid-stream urine cannot be obtained, PSW is to notify the Registered Staff, who will obtain a straight catheter sample using a sterile catheterization tray.
 - a) Obtain a straight catheter.
 - b) Use sterile technique and cleanse perineal area with swabs provided.
 - c) Insert catheter and obtain the sample.
 - d) Once collected, remove catheter.
 - e) The catheter sample is sent to lab. The lab requisition should note that the sample is from a catheter.
- 5) If the resident has a catheter and a urine sample is needed, a sample should be collected by the Registered Staff. To collect a sample from an indwelling catheter:
 - a) Catheter should be clamped for ½ hr prior to collection.
 - b) The Registered Staff will then disconnect the catheter from the bag and collect the sterile sample.
 - c) Tubing is to be cleaned with an alcohol swab then reconnected once the sample is obtained.

Urine may not be removed from catheter bag for sampling.

- 6) Properly label all samples with the resident's name, date of birth, date and time collected. Store sample in lab bag with an ice pack to keep between 2° and 8°C until sample has been picked up by lab courier.
- 7) The Ward Clerk will complete the lab requisition.
- 8) Document the collection in the resident's progress notes.